

Dr. Alvin Burrows and Associates, LLC

SUBSTANCE ABUSE ASSESSMENT

Date of Assessment: November 23, 2020
Client's Name: Raymond Capa
Client's Date of Birth: 1/20/1988
Client's Job Title or Position: Unemployed
Client's Employer: N/A

Reason for the client's referral:

Mr. Capa has been ordered by the court to complete a substance abuse assessment as part of a child abuse and neglect proceeding. Mr. Capa reports that his two children are currently in foster care.

Substances used and history:

Alcohol: ___ Never used Currently using ___ Past use 12 Age first used
Amphetamines Never used ___ Currently using ___ Past use n/a Age first used
Anti-anxiety (e.g. Valium) Never used ___ Currently using ___ Past use n/a Age first used
Barbiturates Never used ___ Currently using ___ Past use n/a Age first used
Cocaine/crack: Never used ___ Currently using ___ Past use n/a Age first used
Heroin/morphine: Never used ___ Currently using ___ Past use n/a Age first used
LSD/acid Never used ___ Currently using ___ Past use n/a Age first used
Marijuana/hash: ___ Never used Currently using ___ Past use 15 Age first used
Meth/Crystal meth: Never used ___ Currently using ___ Past use n/a Age first used
Painkillers (e.g., Oxycontin) Never used ___ Currently using ___ Past use n/a Age first used
Other (specify) n/a Never used ___ Currently using ___ Past use n/a Age first used

Describe type, amount, and frequency of use for each substance indicated above:

Mr. Capa admits to using alcohol daily. Marijuana use is more infrequent, approximately one time per month.

Has client used drugs and/or alcohol in situations where it is physically dangerous, such as driving while impaired? (x) Yes () No

If Yes, describe:

Mr. Capa reports having been arrested for driving while intoxicated on three prior occasions.

Has client been intoxicated, hungover, or in withdrawal at times when he/she is expected to fulfill important obligations, such as while at work? (X)Yes () No

If Yes, describe:

Mr. Capa reports that his use of alcohol increased after the birth of his first child when he felt that he went from occasional recreational use to daily use. This resulted in missing time from work and eventual loss of employment. By the time of the birth of his second child, Mr. Capa was unable to hold a job and contribute to the family. The children's mother did not feel comfortable with Mr. Capa caring for the children and asked him to leave. Mr. Capa said that, reflecting back on that time, he wouldn't have been able to safely parent. Mr. Capa reported oftentimes, when employed, presenting to work intoxicated and being sent home. He also reported experiencing lapses in memory and, therefore, not showing up to work as scheduled.

Has client given up occupational, social, or recreational activities because of substance use?

(x) Yes () No

If Yes, describe:

Mr. Capa reports having few friends and limited interactions with family. He noted not having seen his daughters in several years. He notes not having any desire to foster new relationships.

Has client used drugs and/or alcohol to ease difficulties with emotions, relationships, or as a stress reliever?

Yes No

If Yes, describe:

Mr. Capa shared that he often drinks to reduce stress and alleviate painful memories, particularly those related to not seeing his daughters.

Work problems:

- Violation of the employer's substance abuse policy, example: a positive drug test.
- Absenteeism Tardiness Accidents
- Working while hungover Trouble concentrating
- Decreased job performance Consumed substances while at work
- Lost job in past due to substance abuse No work problems

Comment: None noted

Client's perception of substance use:

- Not a problem Unsure if problem Some problem Significant problem
- Severe problem

Family problems that are pre-existing or are exacerbated by substance use:

- Quarrels Domestic Violence Family abuses alcohol/ drugs
- Child Abuse Child Neglect Family worried about client's use
- Separated Divorce

Legal problems:

- DUI
- Public intoxication
- Other substance-related arrest
- None
- Other (specify): dependency case

Financial problems:

- Some Moderate Severe None

Describe:

Mr. Capa reports being homeless due to his alcohol abuse and inability to maintain steady employment. He is in arrears on his child support.

Social problems: Some Moderate Severe None

Describe:

Mr. Capa reports being socially isolated and unable to maintain meaningful relationships.

Mental health disorders that are pre-existing or have been exacerbated by substance use:

Mr. Capa says he was diagnosed as bipolar in 2008. Mr. Capa reports that, although he was previously taking medication for his illness, he discontinued a number of years ago as he didn't like the side effects and didn't think the medication was helping.

Physical or medical problems:

- Increased tolerance Hangovers Liver disease Stomach ailments
- Experiences withdrawal symptoms Heart ailments
- Other medical problems

Comment: None noted

Medications currently being prescribed (specify): None

Evidence of psychological dependence on substances?

Yes No

Comment: None noted

Has the client attempted to cut down or stop alcohol and drug use:?

Yes No

Comment: *In additions to periods of forced sobriety while in treatment or incarcerated, Mr. Capa reports periodic episodes of sobriety. The most recent one was approximately 6 months ago when he was sober for approximately 4 months.*

Control over use:

No loss of control Uses more than intends Getting worse

Unpredictable Uses to get high Gets argumentative

Increased tolerance

History of suicide attempts (describe): None

History of violent behavior (describe): None

Previous treatment: None Yes

(Describe: date, type, setting, and outcome)

2007 – Inpatient, 30-day substance abuse treatment, successfully completed treatment

2008 – Outpatient mental health, diagnosed with bipolar disorder

2010 – Inpatient, 30-day substance abuse treatment, successfully completed treatment

2010 – Outpatient substance abuse treatment and AA meetings for approximately 2 months, unsuccessful

2011 – Inpatient, 30-day substance abuse treatment, successfully completed treatment

2014 – Inpatient, 30-day substance abuse treatment, successfully completed treatment

2015 – Inpatient, 90-day substance abuse treatment, successfully completed treatment

Mr. Capa reports that, after each discharge from inpatient treatment, he was to participate in outpatient treatment and only did so after the 2007 inpatient stay.

Reports from collateral contacts (spouses, family, friends) concerning the client's substance use:

Mr. Capa's mother was interviewed by telephone as a part of this assessment. Her information was consistent with that provided by Mr. Capa. Mrs. Capa reported a family history of alcoholism. Both Mr. Capa's father and paternal uncle suffered. Mr. Capa's father died in an alcohol-related accident. Mr. Capa was 12 years old. Mr. Capa's uncle died of cirrhosis in 2007.

DSM-5 Diagnostic Impressions

F10.20 Alcohol Use Disorder

Prognosis: Excellent Good Fair Poor

Recommendations for this client's treatment (please check all that apply):

Intensive outpatient substance abuse treatment program

Duration: 6 months

Inpatient substance abuse treatment or detoxification

Duration: 3-6 months

() Self-help or 12 Step Groups

Frequency:

Duration:

(x) Random Drug Testing

Frequency: weekly

Duration: 1 year

(x) Other outpatient treatment

Follow-up on prior diagnosis

Frequency: after 3 months of sobriety

Duration: to be determined

Summary:

Mr. Capa is a 32-year-old, white male with an extensive alcohol use history and a self-reported diagnosis of bipolar disorder.

During this assessment, Mr. Capa was forthcoming regarding his alcohol use history and his bipolar diagnosis. His affect was notably flat. Mr. Capa's alcohol use is of concern, given involvement with the criminal justice system, his inability to maintain employment, and inability to parent his children. He is strikingly isolated and could benefit from reconnection with family and other positive social supports, particularly as he engages in treatment.

A noted strength of Mr. Capa is that he is aware that his alcohol use is debilitating and not likely to improve without intense treatment. While Mr. Capa is aware of his bipolar diagnosis, more information would have been helpful during this assessment.

Alvin Burrows

Dr. Alvin Burrows, Ph.D.

11/23/2020

Date