

Dr. Alvin Burrows and Associates, LLC

SUBSTANCE ABUSE ASSESSMENT

Date of Assessment: June 3, 2016
Client's Name: Samantha Stewart
Client's Date of Birth: 6/8/1981
Client's Job Title or Position: Accountant
Client's Employer: BuyLots Superstore

Reason for the client's referral:

Mrs. Stewart has been ordered by the court to complete a substance abuse assessment as part of a child abuse neglect proceeding. Mrs. Stewart reports that all five children are currently in foster care.

Substances used and history:

Alcohol: ___ Never used X Currently using ___ Past use 12 Age first used
Amphetamines X Never used ___ Currently using ___ Past use n/a Age first used
Anti-anxiety (e.g. Valium) X Never used ___ Currently using ___ Past use n/a Age first used
Barbiturates X Never used ___ Currently using ___ Past use n/a Age first used
Cocaine/crack: X Never used ___ Currently using ___ Past use n/a Age first used
Heroin/morphine: X Never used ___ Currently using ___ Past use n/a Age first used
LSD/acid X Never used ___ Currently using ___ Past use n/a Age first used
Marijuana/hash: X Never used ___ Currently using ___ Past use n/a Age first used
Meth/Crystal meth: X Never used ___ Currently using ___ Past use n/a Age first used
Painkillers (e.g., Oxycontin) X Never used ___ Currently using ___ Past use n/a Age first used
Other (specify) n/a Never used ___ Currently using ___ Past use n/a Age first used

Describe type, amount, and frequency of use for each substance indicated above:

Mrs. Stewart admits to using alcohol daily.

Has client used drugs and/or alcohol in situations where it is physically dangerous, such as driving while impaired? (x) Yes () No

If Yes, describe:

Mrs. Stewart reports that the child abuse proceeding that precipitated this assessment was reportedly Mrs. Stewart's third arrest for driving while intoxicated. Mrs. Stewart admitted to driving after having "a few" drinks on other occasions. Her children were with her at the time of her most recent arrest.

Has client been intoxicated, hungover, or in withdrawal at times when he/she is expected to fulfill important obligations, such as while at work? (X)Yes () No

If Yes, describe:

Mrs. Stewart reports that her use of alcohol increased after her husband's incarceration when she felt that she went from rare occasional recreational use to daily use. This has resulted in an inability to properly care for her children. She also reports experiencing lapses in memory and having occasional blackouts. Mrs. Stewart reports that her drinking has not affected her work and she has missed no work because of her alcohol use.

Has client given up occupational, social, or recreational activities because of substance use?

() Yes (x) No

If Yes, describe:

Mrs. Stewart reports having few friends; however, attributes this to limited time because of her work schedule and raising her five children independently.

Has client used drugs and/or alcohol to ease difficulties with emotions, relationships, or as a stress reliever?

Yes No

If Yes, describe:

Mrs. Stewart shared that she often drinks to reduce stress and alleviate the anxiety of single parenting.

Work problems:

- Violation of the employer's substance abuse policy, example: a positive drug test.
- Absenteeism Tardiness Accidents
- Working while hungover Trouble concentrating
- Decreased job performance Consumed substances while at work
- Lost job in past due to substance abuse No work problems

Comment: Mrs. Stewart currently works as an accountant. She reports that her alcohol use has not affected her work performance.

Client's perception of substance use:

- Not a problem Unsure if problem Some problem Significant problem
- Severe problem

Comment: Mrs. Stewart sees her substance use as an issue because of the Department's involvement, the removal of her children, and the additional legal expenses/repercussions she is facing related to her three DUIs .

Family problems that are pre-existing or are exacerbated by substance use:

- Quarrels Domestic Violence Family abuses alcohol/ drugs
- Child Abuse Child Neglect Family worried about client's use
- Separated Divorce

Legal problems:

- DUI
- Public intoxication
- Other substance-related arrest
- None
- Other (specify): spouse's incarceration

Financial problems:

- Some Moderate Severe None

Describe:

Mrs. Stewart reports severe financial problems. She is the sole supporter for her family. She said that the legal expenses from her husband's arrest and conviction depleted their savings and she relies of public assistance to make ends meet. She also reported additional expenses related to her DUIs.

Social problems: Some Moderate Severe None

Describe:

Mrs. Stewart reports being socially isolated and has limited time and opportunity to maintain meaningful relationships. Mrs. Stewart reports that her primary supports have been her mother, a neighbor, and her husband's aunt and uncle. She also reports missing her husband and feeling estranged from him because of his incarceration.

Mental health disorders that are pre-existing or have been exacerbated by substance use:

Mrs. Stewart reports no known mental health history.

Physical or medical problems:

- Increased tolerance Hangovers Liver disease Stomach ailments

- Experiences withdrawal symptoms Heart ailments
 Other medical problems

Comment: None noted

Medications currently being prescribed (specify): None

Evidence of psychological dependence on substances?

Yes No

Comment: None noted

Has the client attempted to cut down or stop alcohol and drug use:?

Yes No

Comment: *Mrs. Stewart reports periodic episodes of sobriety after her husband's incarceration.*

Control over use:

- No loss of control Uses more than intends Getting worse
 Unpredictable Uses to get high Gets argumentative
 Increased tolerance

History of suicide attempts (describe): None

History of violent behavior (describe): None

Previous treatment: None Yes

(Describe: date, type, setting, and outcome)

Reports from collateral contacts (spouses, family, friends) concerning the client's substance use:

Mrs. Stewart's mother was interviewed by telephone as a part of this assessment. Her information was consistent with that provided by Mrs. Stewart. Mrs. Stewart reported a family history of alcoholism, with both Mrs. Stewart's father and paternal uncle suffering from the disease. Mr. Stewart's father continued his struggle with alcoholism until his death in 2010.

ICD10 Diagnostic Impressions

F10.20 Alcohol Use Disorder

Prognosis: Excellent Good Fair Poor

Recommendations for this client's treatment (please check all that apply):

Intensive outpatient substance abuse treatment program
Duration: 6 months

Inpatient substance abuse treatment or detoxification
Duration:

Self-help or 12 Step Groups
Frequency: 3x/week after completion of intensive outpatient program
Duration: 1 year

Random Drug Testing
Frequency:
Duration:

Other outpatient treatment
Alcohol use bracelet monitor

Frequency: While attending and upon discharge from outpatient treatment
Duration: to be determined

Summary:

Mrs. Stewart is a 34-year-old, white female with an extensive alcohol use history.

During this assessment, Mrs. Stewart was forthcoming regarding her alcohol use history. Her affect was notably flat. Mrs. Stewart's alcohol use is of concern given her involvement with the criminal justice system and inability to parent her children. She also appears isolated and could benefit from positive social supports, particularly as she engages in treatment.

A noted strength of Mrs. Stewart is that her husband is expected to return home in November of 2017 and Mrs. Stewart reports that especially in the past, he has been a major support for her.

Alvin Burrows

Dr. Alvin Burrows, Ph.D.

6/03/2016

Date