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Child and Adolescent Psychiatry
2471 Rainmaker Lane
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Child Javier Diaz **DOB** 3-1-99 **Date of Assessment** 10-8-14

Referred by Vanessa Thomas, Dept. of Child and Family Services

Summary of Clinical Impressions and Diagnosis:

This is preliminary feedback after my appointment with this youth on 10-8-14; a detailed report will follow w/in 30 days. After initial assessment, review of his history, and current functioning, along with the background information you provided, initial diagnoses ICD-10 313.81 Oppositional Defiant Disorder, F32.0 Major Depressive Disorder, Single Episode, Mild. I recommend that he begin taking Prozac, 20 mg once daily, for the depression. I will monitor his medication on a quarterly basis through face-to-face appointments.

This young man is struggling with “coming out” as gay, which is causing emotional turmoil for him on many fronts; he particularly needs help coping with negative reactions from others. He keenly feels the rejection by his guardian aunt and uncle, as well as his biological parents. He is also dealing with the separation from his sister and adjusting to a new placement. I recommend that he have psychotherapy on a weekly basis, preferably with a therapist experienced in working with LGBTQ youth.

Javier should begin taking the medication immediately, as it may be some weeks before full effect is reached. You may contact my office for the prescription and may schedule his next appointment for medication monitoring at your convenience.

Thank you for referring this youth.

Ryan Pemberly
Ryan Pemberly, M.D., PhD

10-26-14
Date