

## Case Plans

### Initial Transitional Living Plan

Department of Child and Family Services

Hopewood, Mock State

Youth: Javier Diaz

Date of Birth: March 1, 1999

Age: 15 (almost 16)

Address: Gateway Group Home, 2792 Springdale Lane, Hopewood, Mock State

Date Completed: February 6, 2015

**Instructions To Youth, Caregiver, and DCFS Caseworker(s):** The purpose of this plan is to state the goals and action steps to be taken during the next 6 months to help the youth eventually live independently and successfully. It enables all involved to maintain focus and chart progress toward accomplishment of each goal. [Note: DCFS caseworker as “Responsible Party” may refer to either the youth’s social worker or the Independent Living Specialist; these two staff persons will coordinate closely to ensure needs outlined in this plan are met.]

**Goals are individualized based on the youth’s Independent Living Assessment, which was completed on 12-17-14.** The assessment identified the following five areas as needs that should be given priority. Youth agrees that the following transitional goals and activities meet his needs. He would like to focus on obtaining summer employment as his top priority.

Goals	Activity	Responsible Party	Date to be Completed	Progress Toward Meeting Goals
Employment (for summer)	Seek, identify, and assign mentor to assist youth in completing job applications, preparing for interviews, transporting to job interviews, and providing additional supports as needed	DCFS Caseworkers	4-1-15	
	Conduct classes and role play on preparing for and carrying out job interviews and responsibilities and expectations of employers/employment, help with transportation to interviews/employment	Gateway GH	5-15-15	
	Participate in all preparatory exercises and learning opportunities, identify jobs of interest, participate in interviews, incorporate suggestions from mentor/coach, and carry out employment in responsible way	Youth	5-15-15 and ongoing	

<b>Goals</b>	<b>Activity</b>	<b>Responsible Party</b>	<b>Date to be Completed</b>	<b>Progress Toward Meeting Goals</b>
Money Management	Provide field trip to bank—speakers to educate about accounts, ATMs, credit and debit cards, writing checks, credit reports, etc.	Gateway GH	5-1-15	
	Participate in field trips and lectures on above topics, complete all written assignments and “homework”	Youth	5-15-15	
	Monitor and supplement individual learning as needed, ensure that youth is receiving services in a timely way and can apply skills learned to real life situations	DCFS Caseworkers	5-15-15	
Housing	Provide classroom training on differing housing options, roommate issues, rental leases, etc., provide field trip to apartment complex (see apartment, learn about leasing terms, expectations of property owners, etc.)	Gateway GH	6-15-15	
	Participate in all lectures, written exercises, and field exercises related to obtaining housing; list pros/cons of 3 different types of housing options	Youth	6-22-15	
	Ensure that youth is obtaining needed skills and knowledge and can apply skills to real life situations	DCFS Caseworker	6-30-15	

Goals	Activity	Responsible Party	Date to be Completed	Progress Toward Meeting Goals
Health/ Sexuality	Present classroom lectures and demonstrations, including by subject matter experts, on all aspects of health and sexuality, to include anatomy and reproduction, sexually transmitted diseases, birth control, sexual identity and orientation, honesty and respect for oneself and others in sexual relationships, communication, choices, responsibility, etc.	Gateway GH	6-20-15 and ongoing	
	Reinforce education about sexuality issues in face-to-face visits/discussions with youth, ensure youth demonstrates adequate understanding	DCFS Caseworkers	6-20-15 and ongoing	
	Participate in all discussions, classroom and individual, about health and knowledge/expressions of sexuality; do "homework"	Youth	6-20-15 and ongoing	
Food Purchase and Preparation	Provide classroom and experiential training on meal planning; shopping for affordable food; and preparing simple, healthy meals	Gateway GH	7-1-15	
	Provide youth with opportunities to prepare meals for himself and other residents	Gateway GH	7-15-15 and ongoing	
	Ensure that youth is receiving services in a timely way and can apply skills learned to real-life situations	DCFS Caseworkers	7-15-15	
	Apply training and experiences to planning, shopping for, and preparing healthy, nutritious, affordable meals	Youth	7-15-15 and ongoing	

We agree to perform our specific responsibilities as outlined in the Plan above.

*Javier Diaz* *2-6-15*

Javier Diaz, Youth

*Jonas Jamison* *2-6-15*

Jonas Jamison, Gateway Therapist

*(participated by phone)* *2-6-15*

Tina Espinoza, DCFS IL Specialist

*Vanessa Thomas* *2-6-15*

Vanessa Thomas, DCFS FC  
Worker

*Stephen Shaw* *2-6-15*

Stephen Shaw, Gateway Case  
Manage